

Appendix A

All chapters, full text, free download, available at <http://www.divingmedicine.info>

DIVING MEDICAL LIBRARY

DIVING TEXTS

- **Physics, Physiology and Decompression Theory** for the Technical and Commercial Diver – Bruce Wienke
- **Deeper Into Diving** – John Lippman and Simon Mitchell
- **High Altitude Diving** - Bruce Wienke
- **Scuba Equipment Care and Maintenance** - Farley and Royer
- **Oxygen and the Scuba Diver** - Hendrick and Thomson
- **Oxygen First Aid** – John Lippmann
- **The Application of Enriched Air Mixtures** - Betts
- **Sport Diving in Depth** - Griffiths
- **The Physics and Engineering of Diving** - Dickens
- **The Underwater Handbook**, a Guide to Physiology and Performance for the Engineer (1976) — by C. W. Shilling, M. F. Werts & N. R. Schandolmeier.
- **Mastering Rebreathers** - Jeff Bozanic
- **Nitrox Manual** - Dick Rutkowski
- **Recreational Nitrox Diving** - Robert N. Rossier
- **Technical Diving In Depth** - Bruce R. Wienke
- **Snorkeling and Free Diving** - Tom Scott, Jim Flagg
- **Cold Water Diving** - John N. Heine
- **Scuba Diving** - Dennis K. Graver

DIVING MANUALS

- U S Navy Diving Manual, Revision 6, (Vol 1 Air Diving) - Naval Sea Systems Command, Supervisor Of Diving. Free download on internet
- British Subaqua Club (BSAC) Diving Manual <http://www.bsac.com/>
- National Oceanic and Atmospheric Administration (NOAA) Diving Manual
- Professional Association of Diving Instructors (PADI) – Open Water Diving Manual.
- National Association of Underwater Instructors (NAUI) – Diving Manual.

NEWSLETTERS

• **Undercurrent** – this doubles both as a consumer guide to holiday dive sites, as well as a forum for the presentation of recent technical data, diving accidents, etc. :
Address : PO BOX 1658 Sausalito, California 94965, U.S.A.

• **Alert Diver** – a quarterly newsletter of the Divers Alert Network. An excellent informative newsletter regarding diving medical safety and accident information, produced by DAN :
Address : BOX 3823 Duke University Medical Centre, Durham, North Carolina 27710, U.S.A.

• **Pressure** – a bi-monthly newsletter of the Undersea and Hyperbaric Medical Society, with information of a social, academic and educational nature, relevant to the Society and its members – mainly physicians and paramedics:
Address : Undersea and Hyperbaric Medical Society 9650 Rockville Pike, Bethesda Maryland 20814, U.S.A.

• **Diving and Hyperbaric Medicine Journal** – a bi-monthly journal/newsletter of the South Pacific Underwater Medical Society and the European Undersea Biomedical Society. This contains both original diving medical articles and reviews, and also summaries of other diving medical research conducted throughout the world:
Address: **SPUMS, c/- ANZCA, 630 St Kilda Rd, Melbourne Vic, 3004, Australia**
email spumsadm@bigpond.net.au

- **Undercurrent.** A USA newsletter with excellent independent information on equipment and dive travel sites.
<http://www.undercurrent.org/>
- **X-Ray Mag. A free internet magazine.** More into ecology, marine animals, photography, etc. URL: <http://www.xray-mag.com/>
- **Advanced Diver.** More into high tech diving and equipment.
<http://www.advanceddivermagazine.com/>

NB. Many other countries have their own variations of the above newsletters, from local institutions.

DIVING MEDICAL TEXTS

- ***Diving Medicine – for Scuba Divers** — (2010) by Carl Edmonds, Bart McKenzie, John Pennefather and BobThomas .
- ***The DAN Emergency Handbook** — by John Lippmann & Stan Bugg.
- ***Dangerous Marine Creatures *** — by Carl Edmonds,
- *** Oxygen First-Aid for Divers** — by John Lippman, J.L. Publications,
- **Diving And Subaquatic Medicine (4th Edition)** Carl Edmonds, Christopher Lowry, John Pennefather, And Robyn Walker. Arnolds Publ.
- **Bove and Davis’ Diving Medicine**— A.A. Bove by, published by Saunders, Philadelphia.
- **Bennett and Elliott’s Physiology & Medicine Of Diving-5th Edition** - Alf Brubakk, Tom Neuman
- **The Physicians Guide to Diving Medicine** (1984) — by Shilling, Carlston and Mathias. Published by Plenum Press, New York.
- **Diving Accident Management** (1990) — the 41st Undersea and Hyperbaric Medical Workshop, edited by Bennett and Moon, and published by the Undersea and Hyperbaric Medical Society,
- **Assessment Of Diving Medical Fitness For Scuba Divers And Instructors** - Peter B. Bennett, Frans J. Cronje, Ernest S. Campbell
- **Encyclopedia Of Underwater Investigations** - Robert G. Teather

* = Suitable for recreational divers

NOTE Most of the above can be acquired over the internet, and most texts can be obtained from:

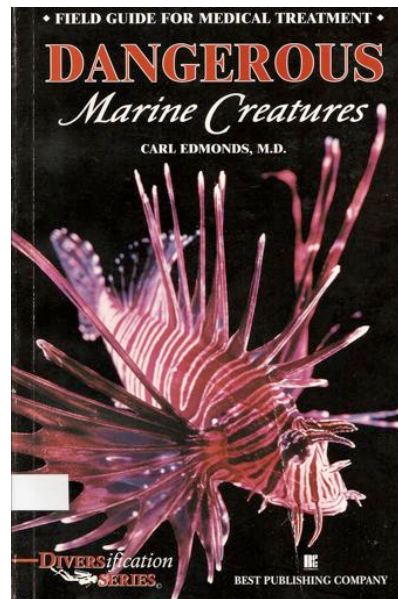
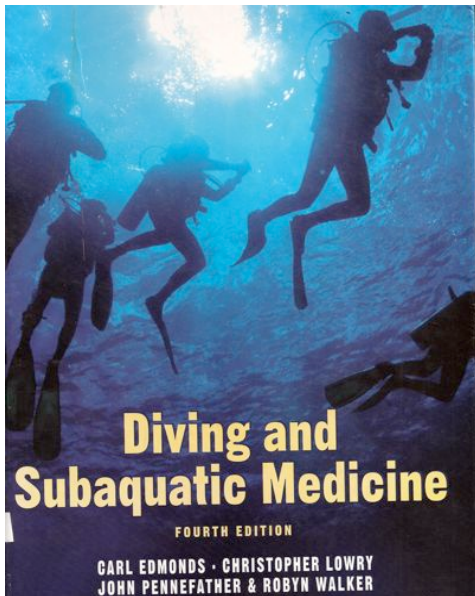
Amazon.com

Best Publishing

Divers Alert Network.

Some can be accessed from the internet, free. (such as the US Navy Diving Manual) and

Diving Medicine – for Scuba Divers — (2010) by Carl Edmonds, Bart McKenzie, John Pennefather and BobThomas . www.divingmedicine.info



DIVING MEDICAL REFERENCES

Apart from the Diving Medical Societies (see Appendix B) and in the medical texts referred to above, the best source of diving medical references is:

<http://rubicon-foundation.org>

In the past there have been excellent sources of references and reports. They include

A Bibliographical Sourcebook of Compressed Air, Diving and Submarine Medicine. Vols 1, 2 and 3. U.S. Govt publication.

Key Documents of the Biomedical Aspects of Deep-Sea Diving, Vols 1-5. Undersea Medical Society publication.

Underwater Medicine and Related Sciences. A Guide to the Literature. Vols 1-6. Undersea Medical Society publication.

It is possible to conduct research without access to these publications, but I do not see how. CE