

*Diving Medicine for Scuba
Divers*

*6th Edition
2015*

Free Internet Edition

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Diving Medicine for SCUBA Divers

3rd edition 2010

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FOREWARD

"Diving and Subaquatic Medicine", in its third and highly respected edition, has provided a cornerstone of knowledge for the diving medical professional. Now, "Diving Medicine — for Scuba Divers" is a condensed, simplified and lighter publication for the general diving population. The authors — Drs Edmonds, McKenzie and Thomas, have done an excellent job of providing a comprehensive, useful and up to date resource base for the diver in the field.

The presentation of the material reflects the fact that the authors are experienced divers as well as specialists in diving medicine. Their thinly disguised sense of humour is reflected throughout the text in emphasising important issues and occasionally just lightening the academic loading on the reader. Their treatment of areas of controversy reflects their experience and background in treating diving emergencies. Some readers will find information which may be inconsistent with their teachings. It is strongly suggested that the reader pay attention to the advice that is presented by the authors. Their many years of cumulative experience is reflected in their advice.

This text represents the broadest coverage of diving medical issues that has been focussed upon the general diving public. It does an excellent job of bridging the gap between the "dive rescue" type materials put out by the various agencies, and the other excellent medical texts which focus primarily on physician education. This text should serve the reader well since its intent is clearly designed to stimulate the diving population at large to become better informed on current diving medical issues. Additional resource materials are presented for those who wish more detailed information.

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Addendum:

The success of this text, together with its Japanese and Korean editions, has inspired me to revise and update the material, even though the person I originally designed it for, my young son Mark, is now well into middle age.

The 2nd edition is well over a decade old, and it had run out of print. With the assistance of my esteemed co-worker, John Pennefather, and life long friend, Clarrie Lawler, the 3rd and final edition is now finished.

My intent is that it be made available freely (at least on Internet) to all divers, conscientious dive instructors, paramedics and doctors new to this fascinating and rewarding subject. Carl Edmonds, 2010

2012 There has been over 30000 downloads of this text over 2 years, with an unknown number of copies made by instructors, dive clubs and doctors. Thanks,

ACKNOWLEDGMENTS

For the 1st and 2nd editions of this text

To my diving buddy and wife, Cindy, for her invaluable criticisms, suggestions and proof-reading. To my son, Mark, who inspired the predecessor of this text, "A Diving Manual for Mark", which I prepared for him. The motivation was to ensure that he had more factual information than that available from his open water scuba diving course. He is now a competent and perceptive diver, partly from his understanding of this text. Thanks also to Patricia Larke and Enid Page for their secretarial services.

Carl Edmonds.

I would like to thank my wife, Ann, for tolerating my on and off affair with a word processor, and also my daughter Deborah, Des Lund, Tammy Lye, Shirley Warner, and Joanne Wright who helped me in the gestation of this book.

Bart McKenzie

This author wishes to gratefully acknowledge the assistance given by my daughter, Natalia, to producing some of the diagrams used within the book. I also wish to thank my wife, Denise, for her tireless support and patience regarding my often frustrating use of the Macintosh computer and noisy printer in completing this text — something she never believed would really ever eventuate!

Bob Thomas

For the 3rd and Internet editions,

John Pennefather, who assisted Carl Edmonds in reviewing and updating the text

Clarrie Lawler, who supplied many excellent diagrams

Richard Chesher, for spectacular photographs

John Lippmann, CEO, DAN Asia-Pacific, for advice, corrections and preparation of both earlier and this edition

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Laboratorie